

Covening Podcast with Lady Setara March 2025

Banishing (modeled on Lesser Banishing Ritual of Pentagram, written 1981)

1. Banishing Incense is burning in your censor.
2. Ring spirit bell 9 times
3. Stand in Center of Circle, begin by facing East, star position, hands empty.

Hearken unto my voice: all spirits, all shades

All dwellers in the realm of phantasm

Know me as (think your magical name here)

The great God ____ (God name in warrior aspect here) ____ stands before me

With an army of great Gods to defend me

The great Goddess ____ (Goddess name in warrior aspect here) _____ stands before me

With an army of great Goddesses to defend me

(As you recite the following, visualize each of the elements)

My right hand is a fist of fire

My left hand is a spring of water

My right foot is a gust of air

My left foot is a mountain of earth

The purple pentacle shines on my forehead

(visualize the purple pentacle on your third eye)

Upon my back the golden star gleams

(visualize either a golden sun or a six-pointed star emanating from your back with its center in the middle of your back, about the level of your 9th ribs).

In alliance or opposition I am prepared

For I carry the blade of justice, (think its name and imagine it in your dominant hand)

And the cup of empathy, (think its name and imagine it in your opposite hand)

Be gone, O Spirit (use spirit name here if you know it), go in peace

Return to your realm

Or you shall know my wrath (imagine holding forth the blade)

And the wrath of the mighty Lord and Lady who protect me

Stand in the center of the Circle (the place of power). Pick up your athame and your pentacle. Hold your athame in your dominant hand and your pentacle as a shield in the other. You will be facing each direction in turn, widdershins. Start by facing North. Extend your arms to the quarter and recite:

By the might of the Moon and the midday Sun

By the Warrior God _____ and Goddess _____

I command you, spirit, (use spirit name here if you know it) , leave!

And any shade or spirit

Any entity that remains:

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Linger not upon this Circle
Return, return from whence you came
(to the north) Return to the realm of the dead.
(pause and watch for fleeing entities)

(Face West)
By the might of the Moon and the midday Sun
By the Warrior God _____ and Goddess _____
I command you, spirit, (use spirit name here if you know it) , leave!
And any shade or spirit
Any entity that remains:
Linger not upon this Circle
Return, return from whence you came
(to the west) Return to the realm of dreams
(pause and watch for fleeing entities)

(Face South)
By the might of the Moon and the midday Sun
By the Warrior God _____ and Goddess _____
I command you, spirit, (use spirit name here if you know it) , leave!
And any shade or spirit
Any entity that remains:
Linger not upon this Circle
Return, return from whence you came
(to the south) Return to the realm of primal urges
(pause and watch for fleeing entities)

(Face East)
By the might of the Moon and the midday Sun
By the Warrior God _____ and Goddess _____
I command you, spirit, (use spirit name here if you know it) , leave!
And any shade or spirit
Any entity that remains:
Linger not upon this Circle
Return, return from whence you came
(to the east) Return to the realm of visions
(pause and watch for fleeing entities)

(Resalute the North)
Feel the energy in the room. If it is settled, disperse the Circle
If there is still a feeling of a presence, repeat banishing.